

PATIENT SEDATION WITHOUT MEDICATION



Eleanor Laser, PhD, is a clinical psychologist with extensive experience in the use of hypnosis during medical procedures to ensure healthy patient outcomes. In addition to her private practice, she works in a number of medical settings. She has taught hypnosis techniques to psychologist and medical professionals around the world. She is co-author of Patient Sedation Without Medication. A resource guide for doctors, nurses and technologist.

Registration

On Line—Mail—Phone

www.healthyvisions.net or www.MyCEcredit.com

Phone 866-312-3159—Fax 865-220-0270

Healthy Visions

800 Oak Ridge Turnpike, Suite A-208
Oak Ridge, TN 37830

Workshop Location

Holiday Inn Chicago North Shore
5300 Touhy Ave.
Skokie, IL 60077
Tel: 847-679-8900
Toll Free 800-345-8082

Event Name: Laser Medical Hypnosis Seminar

**Room rate \$99.00
Includes one \$10 Breakfast Coupon**

ALICE MAGAW AND FLORENCE NIGHTINGALE
UNDERSTOOD THE IMPORTANCE OF
HYPNOSIS AND SUGGESTION IN
ANESTHESIA AND NURSING PRACTICE.

The learner will be able to:

1. Discuss case presentation on hypnosis for invasive procedures
2. List ways nurses can gain rapport
3. Demonstrate instant rapport skills
4. Illustrate instant rapport through practice
5. List 3 common negative words
6. Analyze the different impact of negative vs positive words.
7. Discuss ways a patient can be given a sense of control
8. Identify the difference between encouragement and praise and which is more beneficial during a procedure.
9. List 2 induction types
10. List 6 key points of the eye fixation and movement induction
11. List one purpose of ideomotor signals
12. Discuss the importance of proper reorientation and post hypnotic suggestions following the procedure
13. Explain hypnosis 2. Induce hypnosis
14. Compare direct and indirect suggestions
15. Discuss techniques for rapid induction
16. Discuss the how the general public views hypnosis
17. List 3 misconceptions of hypnosis
18. Examine the affects of rapport on body matching and body language.
19. Discuss how breathing entrainment can affect a patient
20. Experience hypnosis
21. Demonstrate an Inductions
22. Develop a hypnotic script
23. Demonstrate emergence from hypnosis

**A workshop that fine tunes what many
CRNAs and RNs are already doing to
improve patient outcomes.**

BASED ON THE BOOK *PATIENT SEDATION WITH-
OUT MEDICATION* BY ELVIRA LANG, MD AND
ELEANOR LASER, PHD

SCHEDULE

Day 1	
8:00 – 9:00	Case presentation as introduction and example of procedure hypnosis in the operating suite and setting the stage for success- Stanley Instant rapport techniques for the rapid paced environment
9:00 – 10:00	Instant rapport skills and group practice
10:00 – 10:15	Break
10:15 - 12:15	Positive vs negative language - Shaping the patient's experience using permissive approaches - encouragement vs. praise and practice
12:15-1:15	Lunch
1:15-3:15	Induction Methods, Ideomotor Signals, scripts and group practice, Reorientation, Recovery, waking up the patient – after surgery - post hypnotic suggestions
3:15-3:30	Break
3:30 – 5:30	How to hypnotize - Basic hypnosis skills - direct and indirect suggestions - scripts – rapid inductions
Day 2	
8:00 – 9:00	Overview of hypnosis what it is –what it is not and the “H” word.
9:00 – 10:00	Matching Matters--body language -- breathing—review rapport skills
10:00 – 10:15	Break
10:15 - 12:15	Hypnosis - Experience a group hypnotic session – Practice – Q&A
<i>Evaluation, Certificates, Adjourn</i>	

COME ALONG—BUILD COURAGE AMONG COLLEGUES—
GO DOWN A NEW ROAD AND FIND A NEW BEGINNING.
THIS METHOD WILL BE ENCOURAGING AND USEFUL
BOTH FOR YOUR OWN PERSONAL INTERACTIONS AND
YOUR PATIENTS AS WELL

Approved by American Association of Nurse Anesthetists Code # 32993; Expiration 6/26/2011; 12 CE Credits

Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). Approved for 12 CE Credits Code # 5-133-1104 Expires July 31, 2011

Registration Form

Patient Sedation Without Medication

Registration Fee: \$250.00 at door \$300
12 Continuing Education Credits

Circle date attending:
October 2-3, 2010—December 4-5, 2010
April 9-10, 2011—June 11-12, 2011

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

AANA ID# if Applicable _____

RN # _____

**CRNAs must provide both AANA# and RN#*

Email: _____

Phone: _____

Circle CC type: Visa MC AMEX Discover

Credit Card Number: _____

Print Name on Card: _____

Expiration Date: _____ CVV# _____

Signature _____

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Oak Ridge, TN 37830

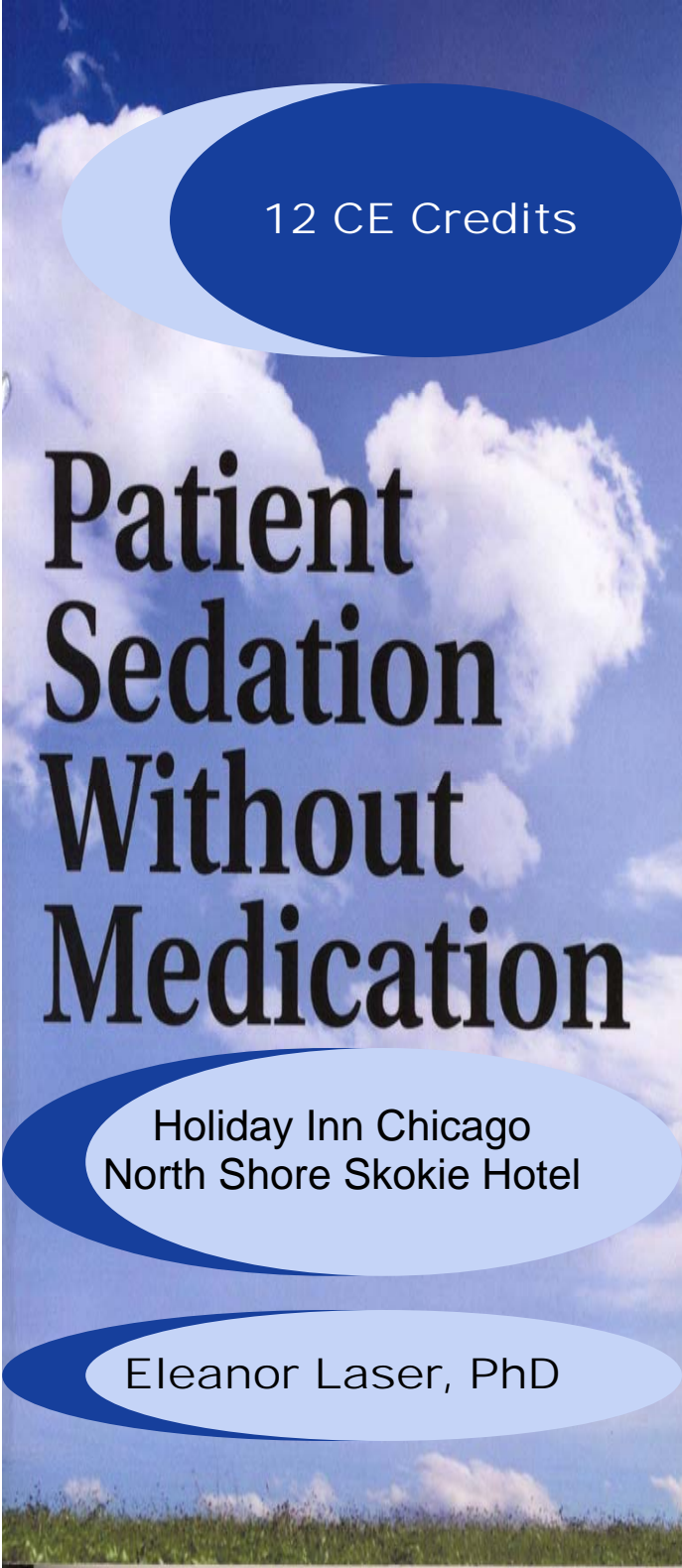
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